

We're Here To Help!

Public Health Supports Families



Support & education are available for:

- ◆ Parents
- ◆ Pregnant & Post-Partum Women
- ◆ Infants and Children
- ◆ Anyone interested in Breastfeeding

You can talk to a Registered Nurse or Certified Lactation Counselor by phone or arrange a free home visit.



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Prevent. Promote. Protect.

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Public Health
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Your local public health department has many services and resources you might not know about.

Nurses and Certified Lactation Counselors can help you with:

- ◆ Pregnancy and Post-Partum Care
- ◆ Care of Your Newborn
- ◆ Breast Feeding
- ◆ Bottle Feeding
- ◆ Child Safety
- ◆ Growth & Development
- ◆ Lead Poisoning Prevention
- ◆ Immunizations
- ◆ Basic Parenting
- ◆ Smoking Cessation
- ◆ Family Planning
- ◆ Dental Care

For more information, call your local public health department:

Ontario County	585-396-4343
Seneca County	315-539-1920
Wayne County	315-946-5749
Yates County	315-536-5160

This service is brought to you by your local health department and the Finger Lakes Breastfeeding Partnership.

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