

Back to Work Breastfeeding Class



Expectant mothers and new mothers are welcome to learn more about getting ready to return to work or school while breastfeeding. Topics include :

- Pumping
- Storing breast milk
- Introducing bottles
- New York State breastfeeding laws
- Breastfeeding in a daycare setting

2016 CLASS SCHEDULE (THURSDAYS:)

January 28 • March 24
May 26 • July 28
September 22
November 24

7 - 9 pm
Thompson Hospital,
OB Conference Room

Cost is \$10. For more information and to register, call (585) 396-6497.